

Birth Month	Modern birthstone	Traditional Birthstone	Mystical Birthstone	Ayurvedic Birthstone	Other Birthstone
January	Garnet	Garnet	Emerald	Garnet	Rose Quartz
February	Amethyst	Amethyst	Bloodstone	Amethyst	Onyx, Moonstone
March	Aquamarine	Bloodstone	Jade	Bloodstone	Rock Crystal
April	Diamond	Diamond	Opal	Diamond	Quartz, White Sapphire
May	Emerald	Emerald	Sapphire	Agate	Chrysoprase, Beryl
June	Pearl	Alexandrite	Moonstone	Pearl	Opal
July	Ruby	Ruby	Ruby	Ruby	Carnelian
August	Peridot	Sardonyx	Diamond	Sapphire	Jade
September	Sapphire	Sapphire	Agate	Moonstone	Lapis Lazuli, Diamond, Chrysolite
October	Opal / Tourmaline	Tourmaline	Jasper	Opal	Pink Tourmaline, Zircon, Aquamarine
November	Yellow Topaz, Citrine	Citrine	Pearl	Topaz	Diamond
December	Blue Topaz, Turquoise	Zircon, Turquoise, Lapis Lazuli	Black Onyx	Ruby	?

“Ayurvedic” refers to a system of traditional medicine native to the Indian subcontinent. In Sanskrit the word “ayurveda” consists of 2 words, namely ayus, meaning “longevity” and veda, meaning “related to the knowledge of science.”

In Western medicine, Ayurveda is classified as a system of **complementary and alternative medicine**.